

**INDIAN SCHOOL MUSCAT
PRIMARY SECTION**

Subject: E.V.S	Name:
Topic: Our Food	Class: II Sec: Date:
Tasksheet No. 2	Remarks: _____
Resource Person: Ms. Sarju M Bhatt	Teacher's Sign:

I. Match the following to make a complete sentence.

- | | |
|--|------------------|
| 1. We get energy from | a. milk and eggs |
| 2. Food that helps to grow | b. vegetables |
| 3. Food that protects us from diseases | c. junk food |
| 4. We should not eat | d. wheat |
| 1. _____ | 2. _____ |
| 3. _____ | 4. _____ |



II. Tick (✓) the correct option.

1. Eating uncovered food items can make us
- a) healthy b) sick c) strong
2. Before and after eating , we must
- a) wash hands b) watch T.V c) exercise

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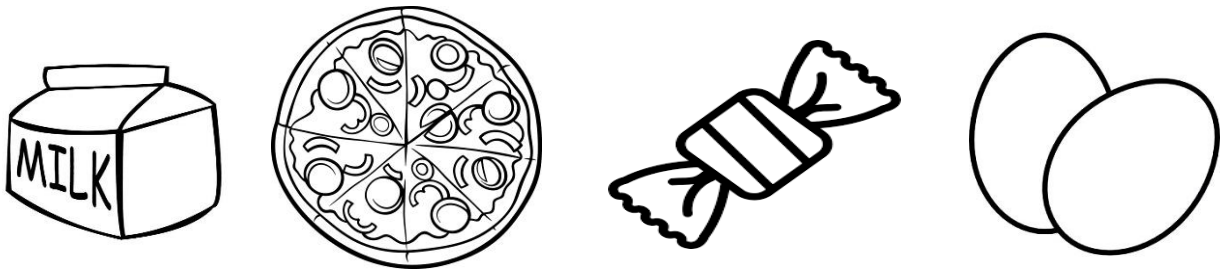
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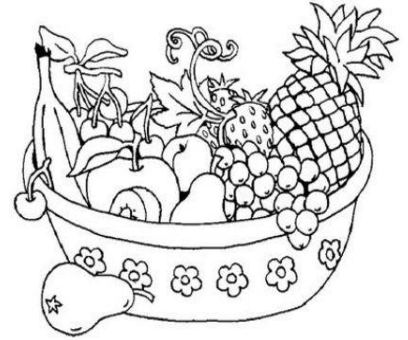
II. Tick (✓) the correct option.

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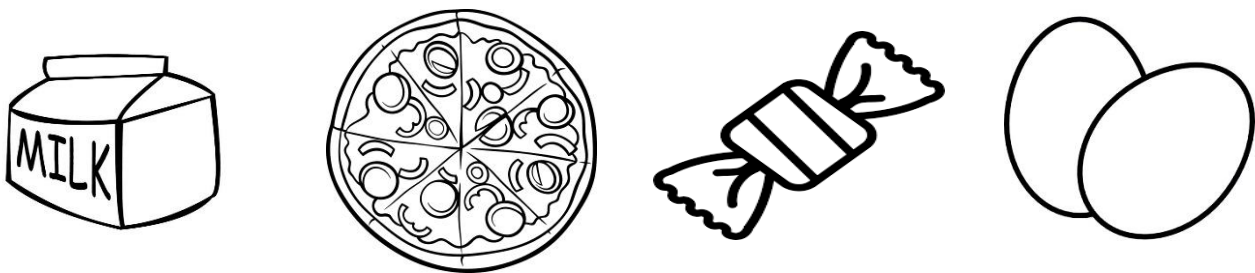
III. Colour the body building food items.



IV. Write any one good eating habit.



III. Colour the body building food items.



IV. Write any one good eating habit.

